

JTM-5400



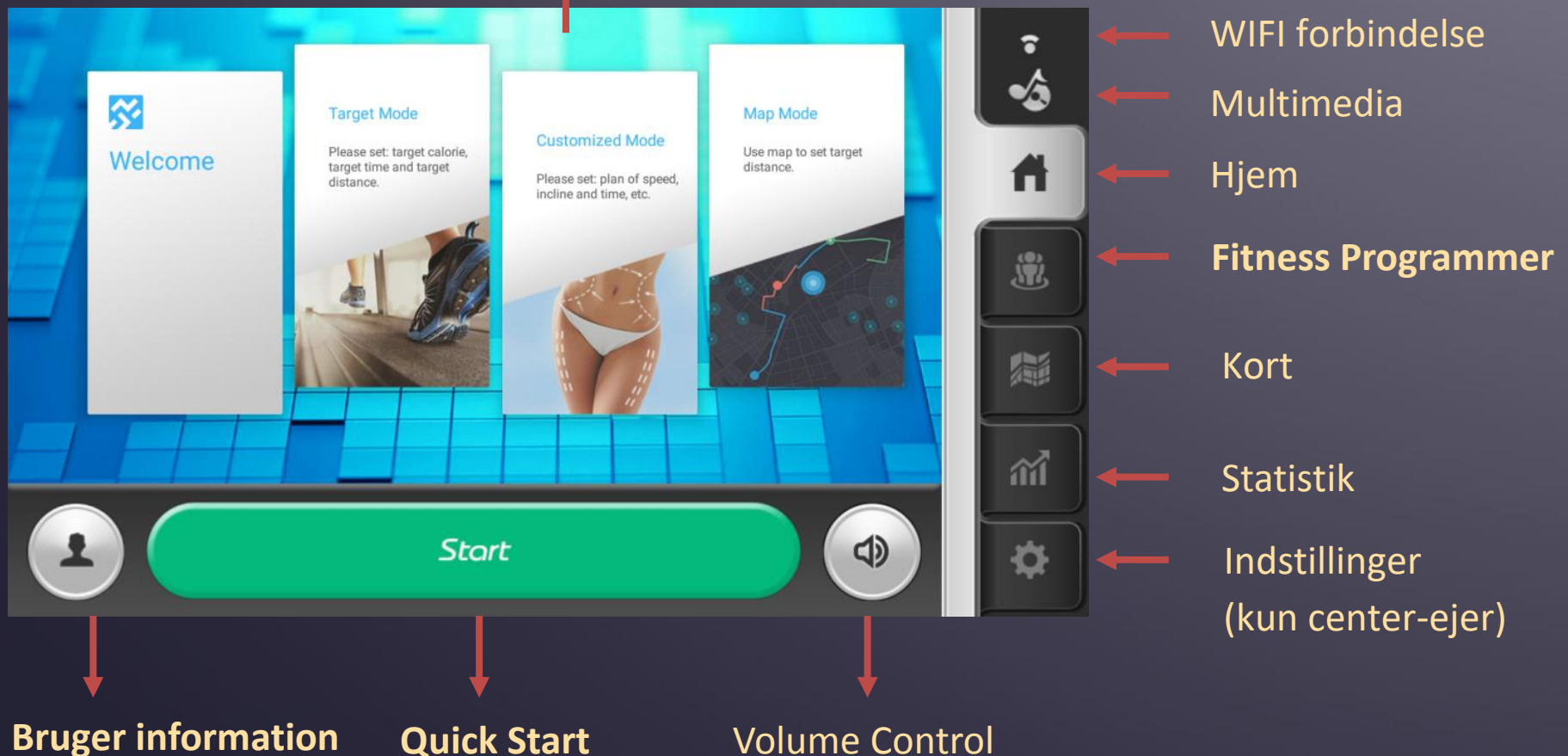
Button instruction

- A. User login & registering
- B. Quick Start
- C. Fitness Programmer
- D. Underholdning
- E. Data
- F. Indstillinger



Tasternes funktioner

Hurtig adgang



The screenshot shows the JETstream app interface. At the top, there are four main mode cards: 'Welcome', 'Target Mode', 'Customized Mode', and 'Map Mode'. Below these is a large green 'Start' button. On the right side, there is a vertical sidebar with icons for 'WIFI forbindelse', 'Multimedia', 'Hjem', 'Fitness Programmer', 'Kort', 'Statistik', and 'Indstillinger (kun center-ejer)'. At the bottom, there are three icons: a user profile, a speaker, and a volume control icon. Red arrows point from the text labels to these specific elements.

WIFI forbindelse

Multimedia

Hjem

Fitness Programmer

Kort

Statistik

Indstillinger (kun center-ejer)

Bruger information

Quick Start

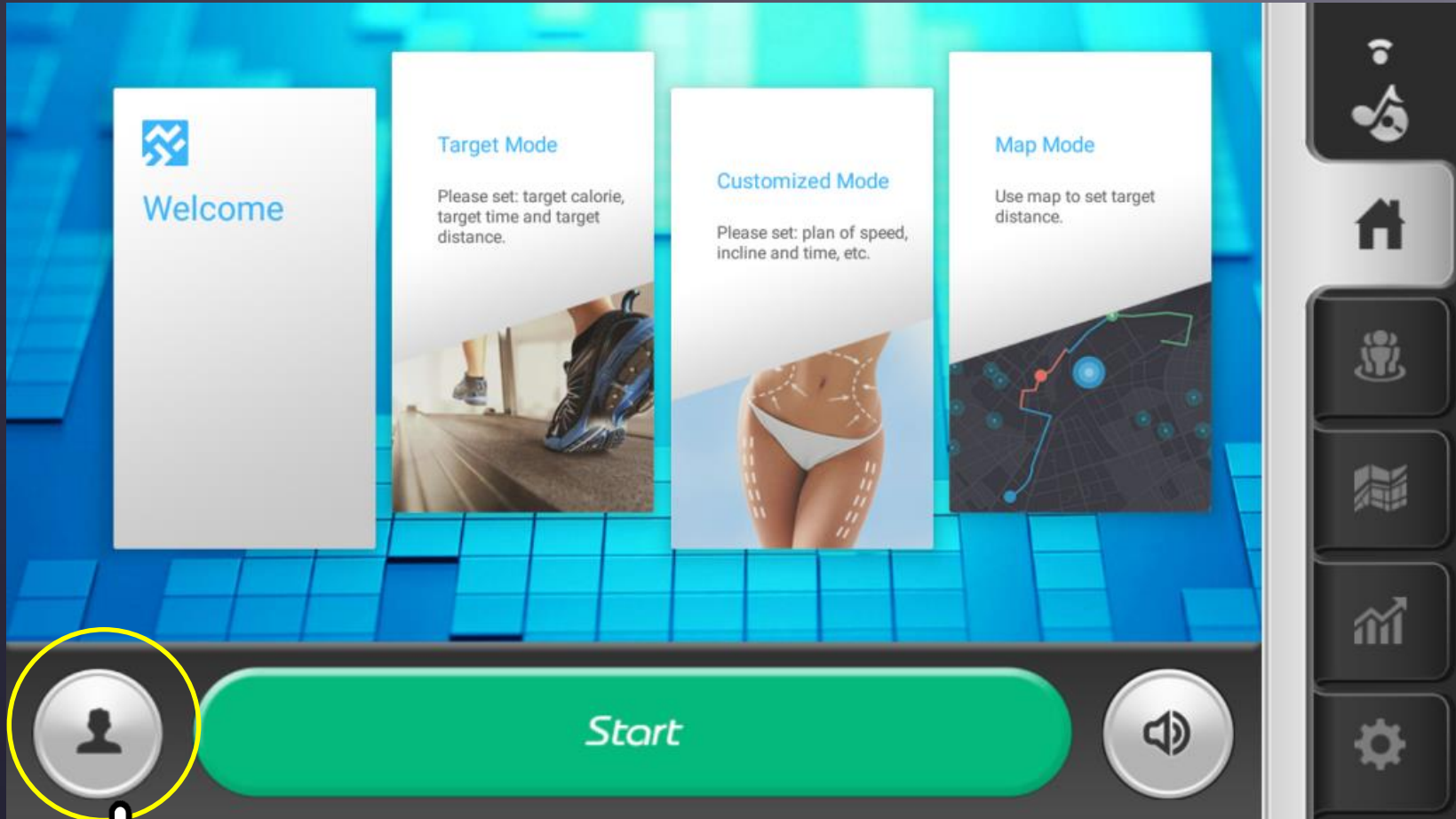
Volume Control



(internet forbundet)



A. User login & registers

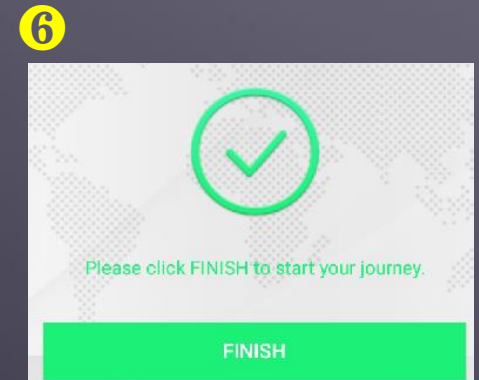
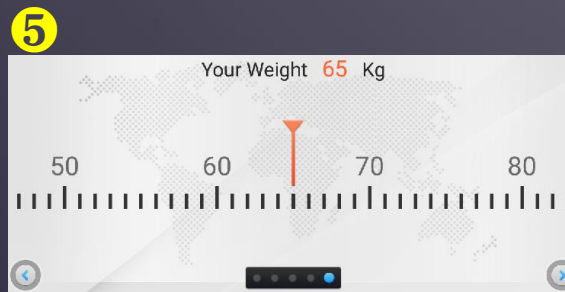
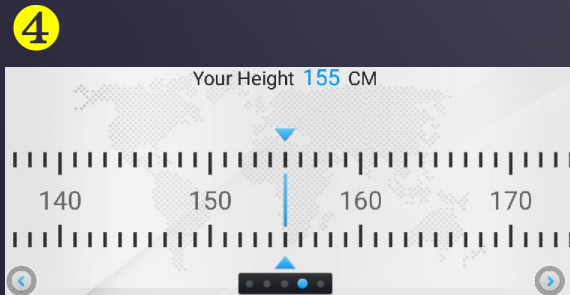
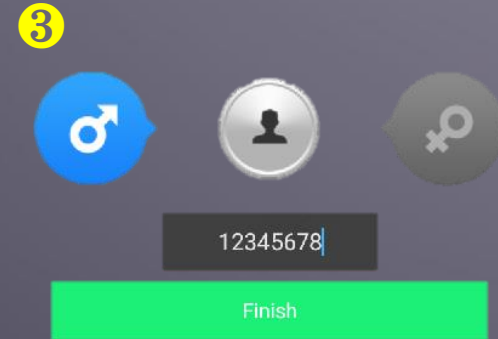
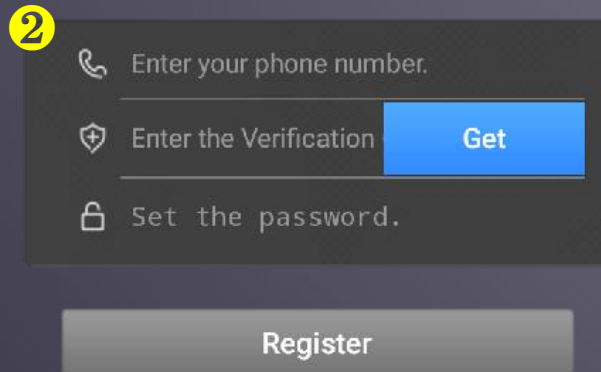
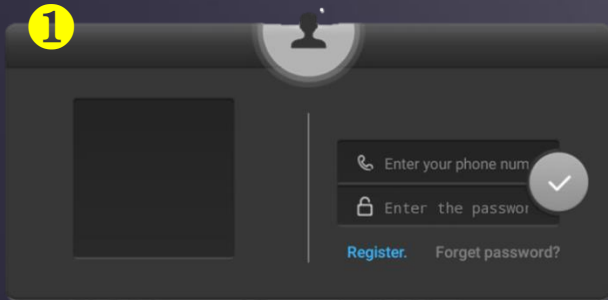




(internet forbundet)



a. User login & registers

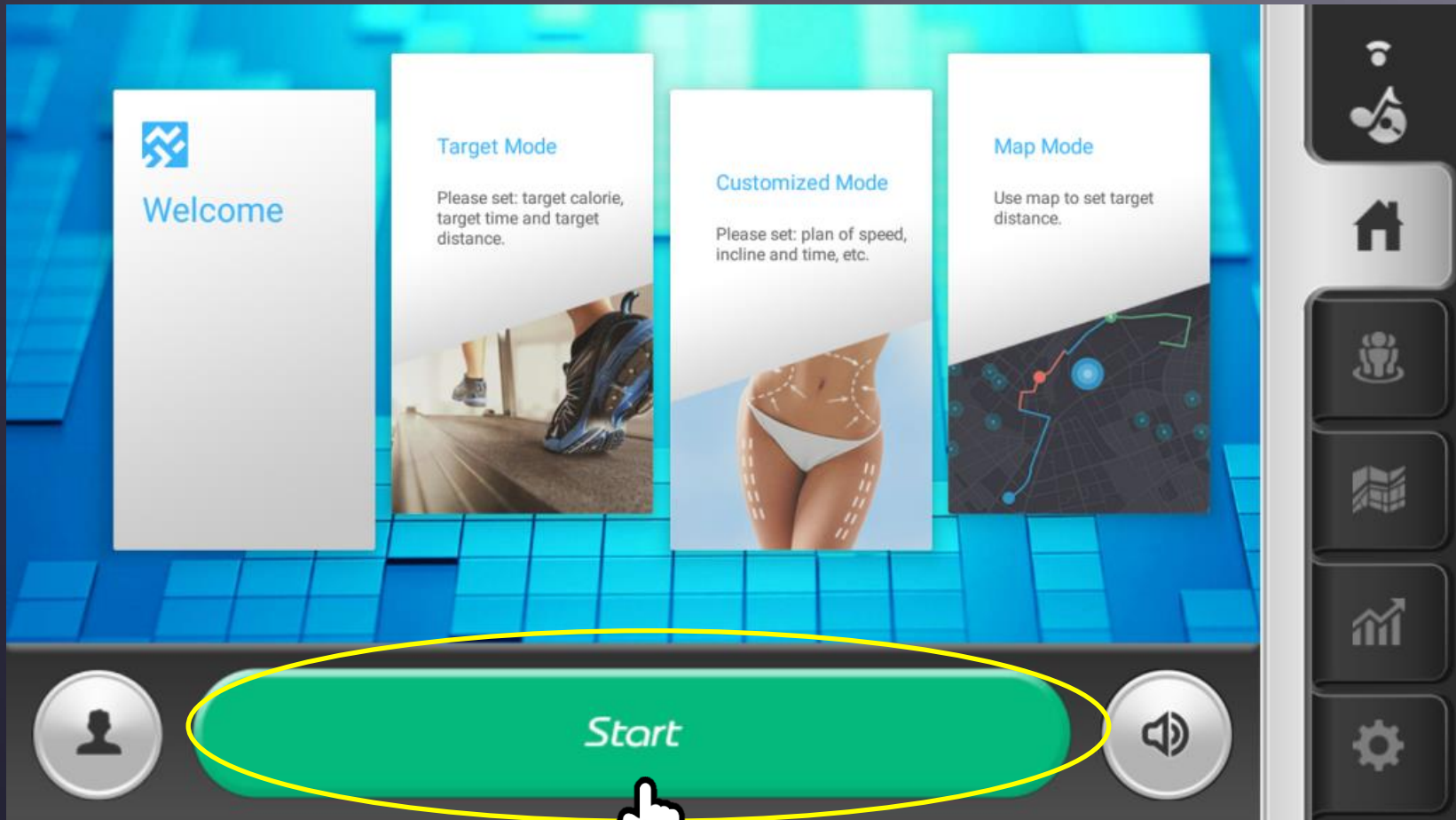


- (1) Klik på "person ikonet" for at åbne login sektion
- (2) Indtast tidligere registret bruger mail & password.
- (3) Eller "Register new account" og indtast de på displayet forespurgte informationer.
- (4) Klik på "Register" knappen, og brugerkonto er oprettet.
- (5) Indtast personlige data (navn / køn / højde / vægt) og klik herefter på "FINISH".
- (6) Efter registrering vil løbebåndet anbefale den optimale fitness plan for dig.

Start

JETstream

B. Quick Start



Start

JETstream

b. Quick Start

* Efter start af et program kan der vælges mellem 5 forskellige skærm visninger.

① Dial plate display



② Runway display



③ Parameter display



④ Incline speed display



⑤ Heart rate display



Start

JETstream

b. Quick Start

→ Klik på talrækken for hurtigvalg af ønsket hældning og hastighed.



Justering af hældning

Justering af hastighed

Start

JETstream

b. Quick Start

* Efter tryk på "STOP", vil løbebåndet stoppe og vise resultat af træningen.

The screenshot displays the JETstream app interface. A 'Sports Report' overlay is centered, showing the following data:

Used Time	Distance	Calorie	Average Speed	Heart Rate
3:00 Min	0.98 Km	99 Kcal	19.5 Km/h	0 Bpm

Below the report are 'Finish' and 'Share' buttons. The background shows the app's main screen with a 'Start' button at the bottom and various mode options (Welcome, Target Mode, Customized Mode, Map Mode) at the top. A vertical sidebar on the right contains icons for Wi-Fi, music, home, trophies, map, chart, and settings.



C. Fitness Program

The screenshot displays a fitness application interface. The main content area features a woman running in a green jacket against a blue background with a grid and a heart rate line. A blue box on the left is labeled "Target" with the subtext "Calorie / Time / Distance". An orange box on the right is labeled "Program" with the subtext "Fat-burning / High-intensity Aerobic / Customized". Below the main content is a dark grey navigation bar with a profile icon on the left and a speaker icon on the right. On the right side of the screen is a vertical sidebar with several icons: a Wi-Fi symbol, a music note, a house, a profile icon (circled in yellow with a hand cursor), a book, a bar chart, and a gear.



Target

Calorie / Time / Distance

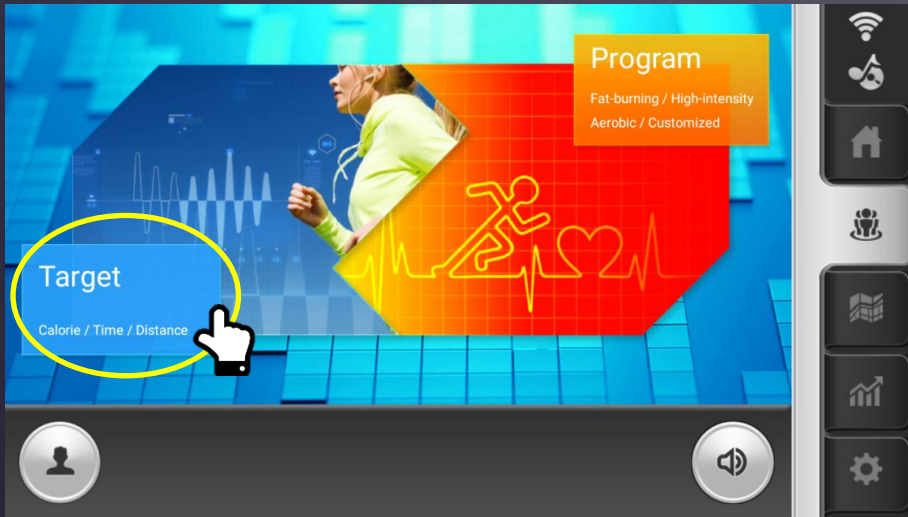
JETstream

c. Fitness Program (TARGET)

Calorie

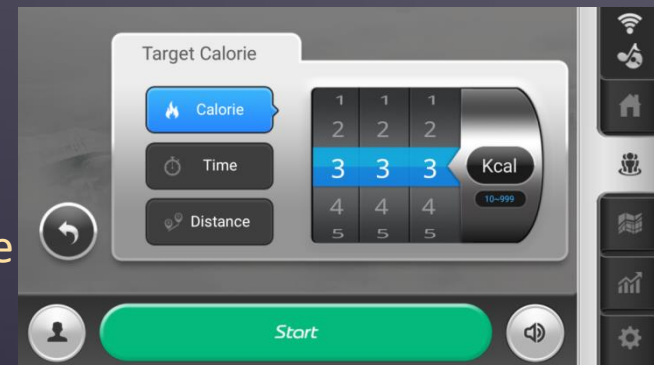
Time

Distance



- I · **CALORIES** (10~999 kcal)
- II · **TIME** (5~99 min)
- III · **Distance** (5~99 km)

- (1) Indtast dit ønskede mål (kalorier, tid eller distance)
- (2) Tryk herefter på tilbage tasten
- (3) Tryk herefter på Start og løbebåndet tæller ned fra 3.
- (4) Efter start kan hastighed og hældning ændres efter ønske
- (5) Når det ønskede mål er nået stopper løbebåndet.



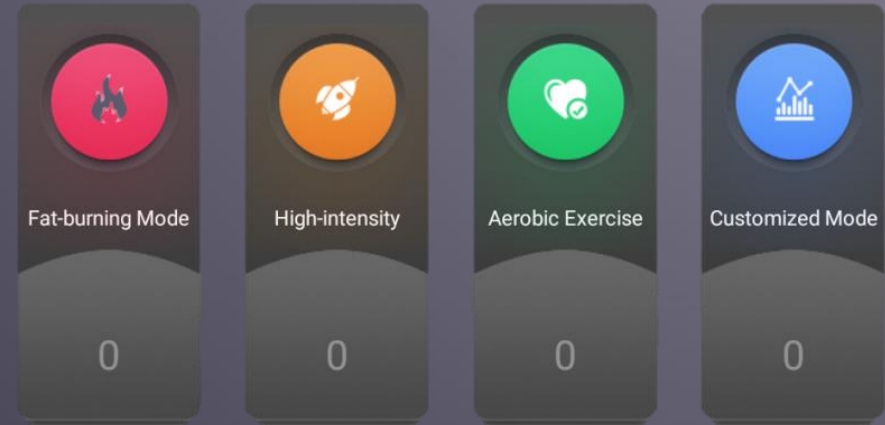
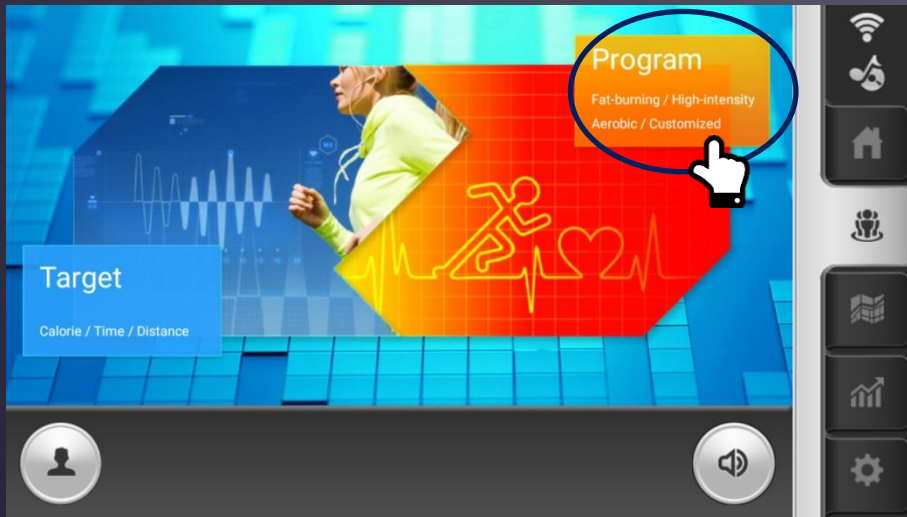


Program

Fat-burning / High-intensity
Aerobic / Customized

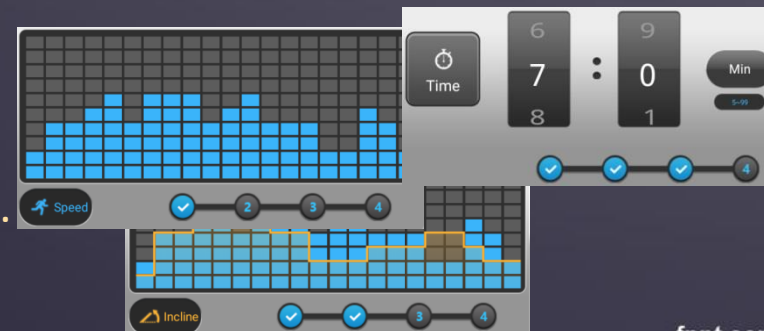
JETstream

c. Fitness Program (PROGRAM)



- I · *Fat Burn Exercise*
- II · *High Strength Exercise*
- III · *Aerobic Exercise*
- IV · *Custom Exercise*

- (1) Vælg mellem 4 programtype, hver programtype har 12 forskellige variationer.
- (2) Indstil tid fra 5:00 - 99:00 minutter.
- (3) Tryk herefter på tilbage tasten
- (4) Tryk nu på start.
- (5) Efter start kan både hastighed og hældning ændres.
- (6) Når time viser 0, vil løbebåndet standse.





(internet forbundet)



D. Entertainment Mode



The screenshot displays the JETstream app's main menu with four workout mode cards:

- Welcome:** Features a blue geometric icon.
- Target Mode:** Includes the text "Please set: target calorie, target time and target distance." and an image of a person's legs running on a treadmill.
- Customized Mode:** Includes the text "Please set: plan of speed, incline and time, etc." and an image of a person's torso with dashed lines indicating body measurements.
- Map Mode:** Includes the text "Use map to set target distance." and a map icon with a route.

At the bottom, there is a large green "Start" button flanked by a user profile icon and a speaker icon. On the right side, a vertical sidebar menu contains several icons: a music icon (circled in yellow with a hand cursor), a home icon, a person icon, a map icon, a bar chart icon, and a settings gear icon.



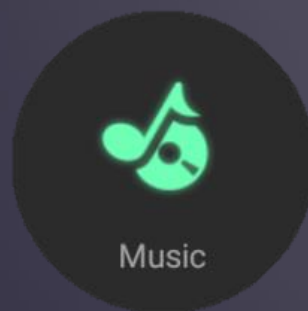
(internet forbundet)



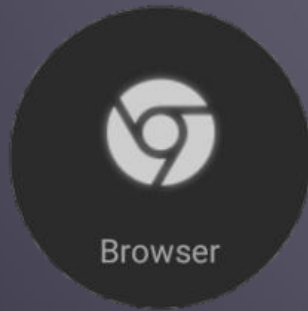
d. Entertainment Mode (VIDEO / MUSIC / BROWSER)



Video



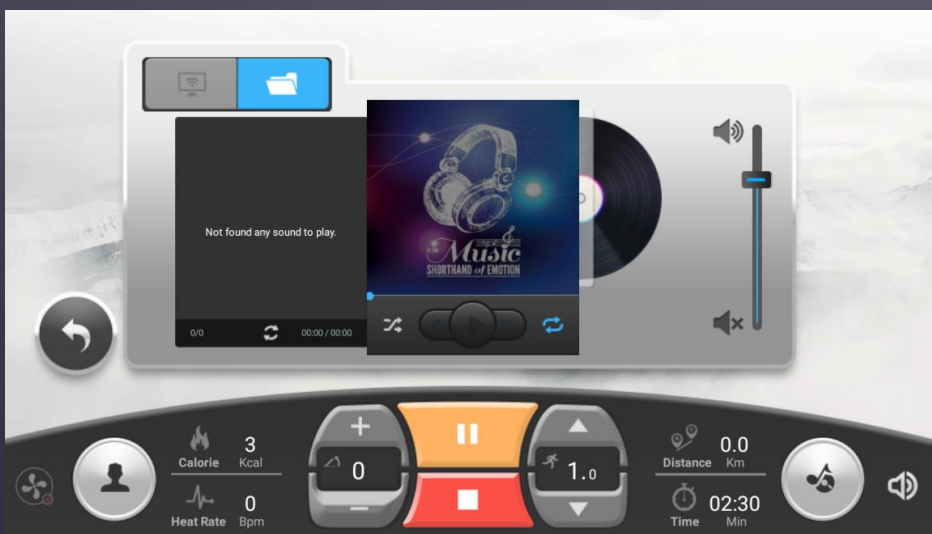
Music



Browser

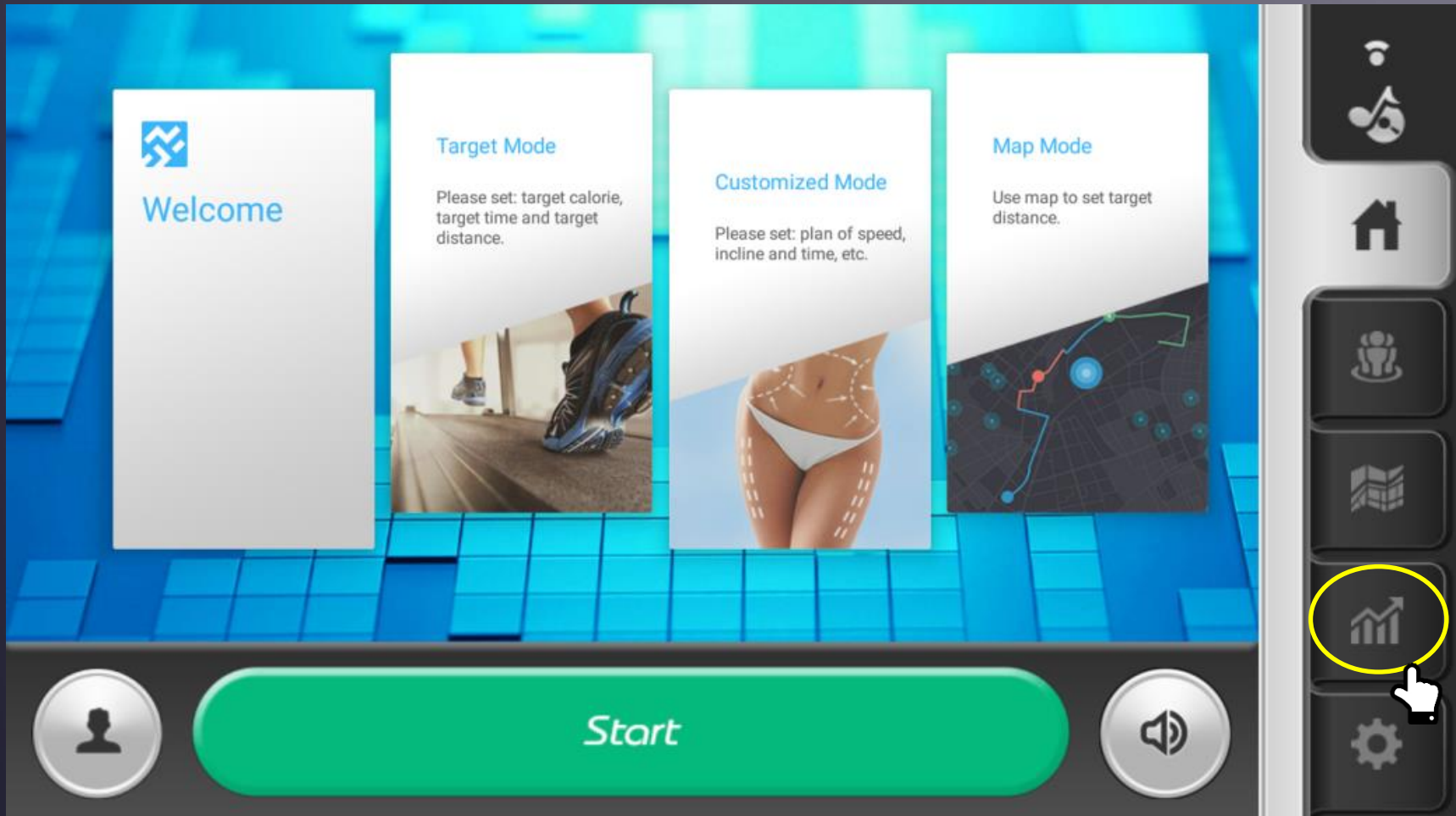


- * Vælg her din ønskede underholdning.
- * (Bemærk at ikke alle muligheder er tilgængelige i EU)





E. Data Mode





d. Data Mode

运动报告

2016-08-22
18:24

1.32 Km 384 Kcal 3:02 Min

Start

- Her kan du se din træningshistorik efter dato.
- Du kan gennemgå træningsdata for hver gang.
- Alle træningsdata gemmes.
- Hver gang der logges ind, synkroniseres trænings historik.

4 - 2017

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Month

24 3 Records

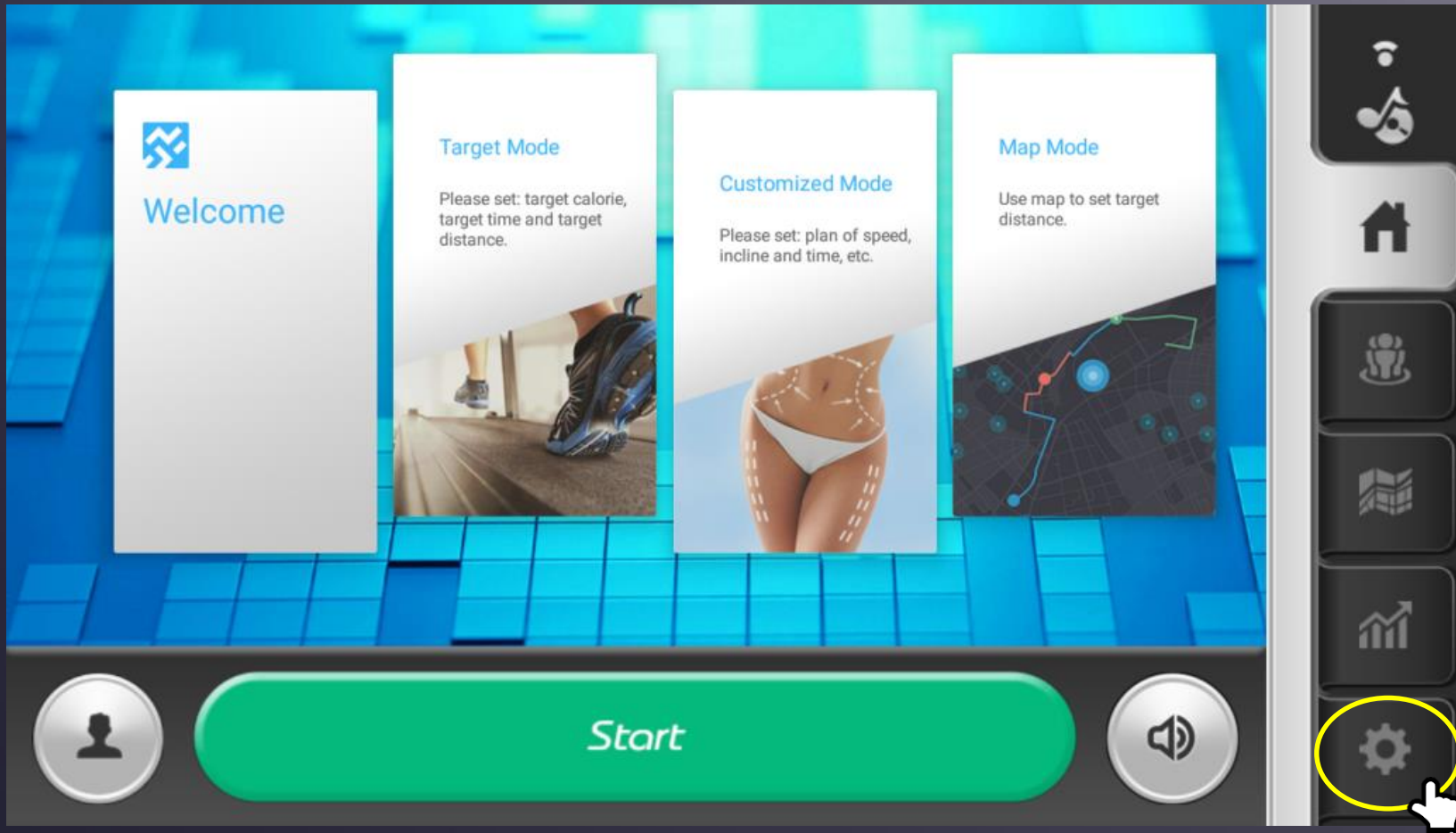
08:37	161
Time	Calorie
1.71	11.66
Distance	Average Speed

2017-04-24 3 Records

16:49	02:47	3	0.05	1.00	-
	Time	Calorie	Distance	Speed	Heat Rate
16:34	02:50	59	0.69	14.52	-
	Time	Calorie	Distance	Speed	Heat Rate
16:30	03:00	99	0.98	19.47	-
	Time	Calorie	Distance	Speed	Heat Rate



F. Setting



* VIGTIG INFO: Indstillinger (setting) må kun benyttes af center-ejer



f. Setting

* VIGTIG INFO: Indstillinger (setting) må kun benyttes af center-ejer

Device Setting	Device Information	Update
Voice Reminder > Light Setting > Language Switch >	Basic Information >	OTA Update >

* Voice reminder:



* Light Setting:



* Language:



Need the administrator password.

Non-administrators DO NOT enter & modify the setting data, so as to avoid to damage the equipment.