



## LD400 Max Rack

- Multiple racks on the front and rear for supporting the bar.
- Safety stop at the base, which prevents the bar from falling on the foot, thus providing maximum safety.
- Reinforced frame, for more security and protection.
- Grips on top, which allow the users to make chin-ups.

• It has tempered bars with linear bearings for discs with a diameter of 28 mm and 50 mm Olympic discs.

• Achieve the sensation of free weight training with a bar but with the safety of a Smith or Multipower machine, thanks to its three-dimensional but fully guided movement system.

• With the LD400 you will optimise the space in your fitness centre as it makes it possible to do 20 different exercises in less than  $3 \text{ m}^2$ .

• The bar enables you to make three-dimensional movements in any direction in a fully controlled and safe way, thanks to its vertical and horizontal guides.

• **Designed for optimum exercise biomechanics**. Guarantee smooth, natural movements for full muscle concentration

## THE SENSATION OF FREE WEIGHT TRAINING WITH THE SAFETY OF A SMITH OR A MULTIPOWER MACHINE

## Specifications:

Length: 200 cm / 79" Width: 140 cm / 57,5" Height: 216 cm / 86" Weight: 199 Kg / 439 lbs







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- 4 mm thick ST-37 / 40 steel frame. High durability.
- Round edges with elliptical section in order to avoid cuts and knocks
- It guarantees smooth, natural movements for full muscle concentration.

• Three layer coating. The design of this professional, up-to-date, stylish system is enhanced still further by its -layer coating comprising an initial anti-corrosion primer, for guaranteed durability, followed by an epoxy powder layer and fin.

• Use of laser cutting technology. For optimum tube cutting precision.

• Structure raised 50mm above floor level with rubber tipped feet. This provides access for cleaning and vacuuming without scratching the paint.

