



L850 Shoulder press bench

- Three layer coating. The design of this professional, up-to-date, stylish system is enhanced still further by its -layer coating comprising an initial anti-corrosion primer, for guaranteed durability, followed by an epoxy powder layer.
- **Injected core seat**. Unlike the classic foam padded particle boards, the injected core offers the advantage of uniformity, anti-distortion and greater anti-bacterial protection
- Structure raised above floor level with rubber tipped feet. This provides access for cleaning and vacuuming without scratching the paint.
- Assistance bench at the back, enabling the help of an assistant during advanced exercises like this.
- 4 mm thick ST-37 / 40 steel frame. For guaranteed durability.
- Tubes with rounded elliptical section, that prevent cuts and blows.
- 3 training positions for the bar for a more varied exercise.

Specifications: Length: 106cm / 42" Width: 130cm / 51" Height: 164 cm / 65" Weight: 88Kg/194 lbs.

Muscles involved:



