

## L820 Incline bench

- **Designed for optimum exercise biomechanics.** Guarantee smooth, natural movements for full muscle concentration
- **Structure raised 50mm above floor level with rubber tipped feet.** This provides access for cleaning and vacuuming without scratching the paint.
- **Round edges with elliptical section in order to avoid cuts and knocks.**
- **3 training positions for the bar for a more varied exercise**
- **Three layer coating.** Enhanced by an initial anti-corrosion primer, followed by an epoxy powder layer and a lacquer or barnish.
- **Injected core fireproof seat.** Unlike the classic foam padded particle boards, the injected core offers the advantage of uniformity, anti-distortion and greater anti-bacterial protection.
- **Assistance bench in the back, enabling the help of an assistant during advanced exercises like this.**
- **Adjustable seat height.** It makes the adaptation to all kind of users easier.
- **4 mm thick ST-37.. High durability.**
- **Structure, loads and fatigue resistance according to the TÜV standard.**
- **Reinforced frame, for more security and protection.**

### Specifications:

Length: 163,2 cm / 64 in  
Width: 165,8 cm / 65,3 in  
Height: 137,3 cm / 54 in  
Weight: 106 Kg / 234 lbs

### Muscles:

